



Nurse Education,  
Practice, Quality &  
Retention Program

- Our Goal: To improve the capacity and competencies of primary care nurses working in rural and underserved areas of Utah through education and training

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (DHHS) under grant number 1U49CE001725.

HOW CAN NURSES LEARN ABOUT PRIMARY CARE DELIVERY IN RURAL AND UNDERSERVED AREAS?

Precepting Baccalaureate  
Students in Primary Care  
Clinical experiences develop  
nursing competency!

Sue Chase Cantarini, DNP, RN

### Precepting Nursing Students is a Partnership



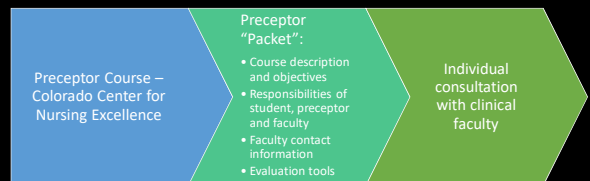
### Expectations

Summary Student Expectations	Summary Faculty Expectations
Completes clinical orientation	Collaborates with students and preceptor
Develop (daily) learning goals	Mentors/guides students in connecting coursework to clinical
Active role in own learning	Provides prompt constructive feedback (assignments)
Accepts supervision from preceptor	Monitors student morale, progress, support
Professional standards (on time, prepared) at all times	Regular meetings/communication with student and preceptor
Participant in the healthcare team in a given setting	
Regular effective communication with preceptor and faculty (expectations, progress)	

### Summary Preceptor Expectations

- Orient student to unit, expectations, and healthcare team
- Work directly with student – daily goals, course objectives required hours
- Assist in planning student learning experience and environment
- Appropriate delegation of patient assignments, activities, learning experiences
- Supervise students; maintaining accountability to clinical agency and nursing scope of practice
- Regular and frequent communication about student experiences, performance and progress towards goals (with student and faculty)
- Provide timely, sensitive, respectful and constructive feedback
- Validate student competencies – completing clinical evaluation tool/s

### Support for Preceptors



## Primary Care Nursing Content

What is available for our students and community RNs

Brenda Luther, PhD, RN  
Associate Professor

What we've been doing and how is it available to students and nurses

- Digital Badges <https://utahnepqr.org/rn-continuing-education>
- Primary Care Nursing Webinars <https://utahnepqr.org/rn-continuing-education/webinars>
- Telehealth Training <https://utahnepqr.org/telehealth-education>
- Online Equity Diversity and Inclusion Training (coming soon)
- RN-Led Women's health screening (coming soon)

### Digital Badges and Nursing Contact Hours

- Alzheimer's Disease and Related Dementias (ADRD)
- Behavioral & Mental Health and Substance Use
- Population Health for Nurses
- Data-Driven Quality Improvement and Evidence-Based Practice
- Chronic Disease Prevention
- Chronic Disease Management
- Leadership Roles in Primary Care
- Patient Engagement and Shared-Decision Making
- Professional Roles in Primary Care
- Care Coordination
- Care Transitions
- Care Management Clinical Issues
- Caregiving and Aging Families

### Primary Care Nursing Webinars

- What is Nurse to the Top of their Licensure in Primary Care?
- Nurses Role in Transitional Care: Uncovering the Unknowns of Being at Home for our Patients
- Annual Wellness Visit: RN-Led
- Advanced Care Planning: RN-Led
- Nurse-Led Chronic Care Mgt: Examples of Controlling HTN in Two Clinics
- Recordings available at [www.utahnepqr.org/rn-continuing-education/webinars](http://www.utahnepqr.org/rn-continuing-education/webinars)

## Telehealth Education with Comagine and Project ECHO

### Four Modules:

- Telehealth and Virtual Services to Enhance Access and Improve Care
- Mastering the Techno-Human Aspects of Telehealth Visits
- Nuts & Bolts of Telehealth Regulations, Billing and Revenue Capture
- Tele-Visit Tutorial for Patients, Families and Caregivers

<https://utahnepqr.org/telehealth-education>

## Online Equity, Diversity and Inclusion Training

- Online modules on Diversity, Equity, and Inclusion
- Examine how bias and discrimination form
- Offers tools for dealing with bias and discrimination
- Two 2-hour modules give the very basics
  - 1<sup>st</sup> module provides a basic foundation of key concepts and historical roots and how social determinants of health are linked to poor health outcomes
  - 2<sup>nd</sup> module applies the concepts with application and practice

### RN-Led Women's health screening

Four On-Line Modules with In-Person Training



## RN-Led Women's Health Screening

- Purpose: to increase screening rates and access to care for women

### Curriculum:

- Well Woman Pelvic Exam and Pap Smear
- Birth Control Education

### Videos:

- Nurse's Role in Women's Health Screening
- Pelvic Exam and Pap Smear

## RN-Led Dementia Care and Opioid Use Treatment in Primary Care

Larry Garrett PhD, MPH, RN  
June 16, 2021

### Objectives

1

Discuss RN-Led Dementia Care and Opioid Treatment in Primary Care

2

Identify Primary Care Clinics that are Interested in Working on these Topics in their Practice

3

Identify Future Initiatives and/or Resources

### The Problem: Dementia at a National Level

Alzheimer's disease is the 6<sup>th</sup> leading cause of death in the United States

- 1 in 3 seniors dies with Alzheimer's or another dementia
- Kills more than breast and prostate cancer combined
- All forms of dementia related deaths have increase by 16% during the COVID-19 pandemic

More than 6 million American's are living with Alzheimer's

- In 2050, projected to be approx. 14 million


More than 11 million caregivers provide unpaid care for people with all forms of dementia

- These services are valued at nearly \$257 billion


Source: Alzheimer's Association Fact Book, 2000

### The Problem: Dementia Locally

- In Utah, 991 deaths associated with Alzheimer's Disease (2017)
  - 190% increase since 2000
- 19% of all hospice patients have a primary diagnosis of dementia
- More than 155, caregivers provide unpaid care for people with all forms of dementia
  - These services are valued at nearly \$2.3 billion dollars




**You will see an increasing number of patients being seen and managed in Primary Care**



### Encounter Types

- Initial Encounter
  - AWV visit
  - Routine visit
  - Specific concern
- Follow-up
- On-going (routine)

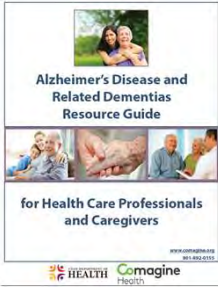
- Primary Care Support
  - AWV
  - TCM
  - Mini-Cog
  - Collection of Screening Tools
  - Resource Guide



Initial Encounter

### Follow Up

- Nurse-Led Video (soon)
- Collection of screening tools
- Resource Guide



On-going

- CCM
- Resource Guide

### The Problem: Opioid Abuse National Data

Figure 1a. 12 Month-Ending Provisional Counts of Drug Overdose Deaths: United States

Source: National Vital Statistics Rapid Release  
Available at: <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>

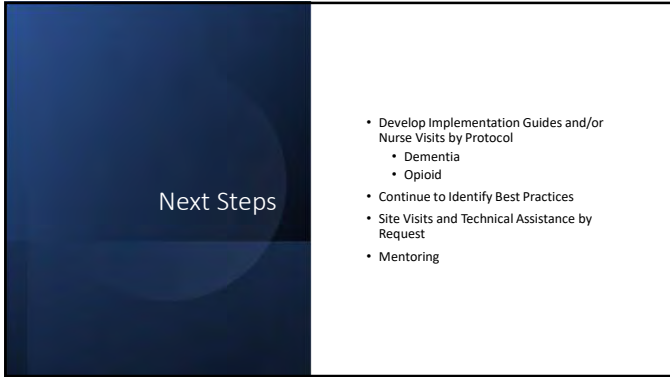
### The Problem: Opioid Abuse Utah Data

Figure 1a. 12 Month-Ending Provisional Counts of Drug Overdose Deaths: Utah

Source: National Vital Statistics Rapid Release  
Available at: <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>

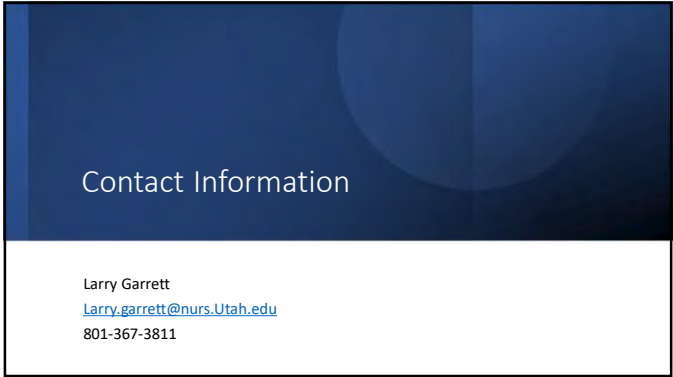
### Work to Date

- Focus Groups to ID common themes
  - Internal and external (community) education
  - Resource Guide needed
- Exploring RN-Led activities
- Collecting resources

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Next Steps

- Develop Implementation Guides and/or Nurse Visits by Protocol
  - Dementia
  - Opioid
- Continue to Identify Best Practices
- Site Visits and Technical Assistance by Request
- Mentoring

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Contact Information

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