

STIGMA VIDEO SERIES DISCUSSION GUIDE



PRE-VIEWING

- What do you know about substance use disorder (SUD)?
- What do you know/believe to be true about how SUD develops?
- Where do these beliefs stem from?
- What forms of treatment are you aware of for SUD?

1.1 HOW SUBSTANCE USE IMPACTS THE BRAIN (4:17)

- What is one takeaway you gained from watching this video?
- How does learning about the brain and SUD help with patient care?
- How important is the language we use when talking about SUD with patients?

1.2 THE RELATIONSHIP BETWEEN TRAUMA & SUBSTANCE USE DISORDER (4:27)

- How did learning about trauma and SUD challenge your beliefs about SUD?
- Are patients screened for adverse childhood experiences (ACEs) at your organization? If not, do you think this could help with their overall care?

1.3 GENETICS AND SUBSTANCE USE DISORDER (4:48)

- Think about someone you know who has a SUD. Is there a family history? Could there be other factors that might contribute to their substance use?
- Do you believe there is a connection between trauma, genetics, and SUD?

1.4 SUBSTANCE USE AS A RESULT OF PRESCRIPTION DRUG USE (6:21)

- How can providers support patients with SUD that started with prescription drugs?
- If a patient has a SUD, should they be prescribed medications with potential for tolerance and withdrawal? If so, how? If not, what are other options?
- If a patient admits they have a SUD and wants help just to 'feel better' (not to be sober) and 'get their child' back, how can you support that?

2.1 DIFFERING PATHS ON THE ROUTE TO RECOVERY (1:19)

- Were there any paths to recovery discussed in this video that you were unaware of?
- What other potential paths to recovery are there?
- What do you know about the resources for SUD in your community?

2.2 WHAT IS MEDICATION ASSISTED TREATMENT (MAT)? (4:58)

- What did you learn about MAT that you found intriguing?

2.3 PROVIDERS FORMERLY HESITANT TO PRESCRIBE MAT (3:31)

- Do you feel hesitancy around working with SUD patients receiving MAT? If so, why?
- What are some of the benefits of using medication to support patients with SUD?
- If you have experience working with SUD patients, what is something that has surprised you?

2.4 IMPACT OF A PASSIONATE PROVIDER (6:21)

- What is the most important factor when treating patients with SUD?
- How could having a judgmental provider or judgmental support staff impact a patient?
- What impact does a passionate provider have on a patient with SUD?
- Do you have a method or approach when working with a patient to address a change in behavior or pattern?

2.5 BRI'S JOURNEY TO RECOVERY – A MAT SUCCESS STORY (5:42)

- What part of Bri's story impacted you most?
- Do you know of resources in your community for pregnant women with SUD?
- How can healthcare professionals help combat the stigma associated with MAT within the recovery community?
- How does hearing success stories influence your perception of SUD?

3.1 NURSE IN RECOVERY (6:06)

- What is one takeaway you gained from watching this video?
- How can the medical field better support medical professionals in recovery?
- Were you surprised to hear that it is not uncommon for nurses to experience substance use issues?

3.2 THERAPIST IN RECOVERY (7:55)

- Do you feel there are advantages for therapists in recovery?
- How can society better support people with SUD who are incarcerated and/or being released?

3.3 PEER SUPPORT SPECIALIST IN RECOVERY (6:32)

- Does your organization utilize peer support specialists for patients with SUD? If not, do you know of a peer support specialist resource in your community?
- How can peers be used to support providers in healthcare settings?

3.4 IMPACT OF HAVING SUPPORT FROM MEDICAL PROFESSIONALS (6:30)

- What do you believe is most crucial for supporting individuals/families with SUD?
- What wraparound services are available to help create that circle of support in your community?
- How can medical professionals support this process?
- Did you know that Hushabye Nursery serves families statewide?

CALL TO ACTION (2:36)

- What is one action you can take today to reduce stigma associated with SUD?
- Does your organization approach SUD like a chronic disease? If not, can they?

POST-VIEWING

- What impact does provider stigma and stigma within the community as a whole have on people with SUD?
- What video do you feel had the greatest impact on you? Why?
- What did you learn after viewing the series that you were unaware of before viewing the series?
- Did the series change any of your views around SUD? How so?
- What are some potential ways the series can be utilized at your organization?
- Are there other topics related to SUD that you are curious about?

INTERESTED IN LEARNING MORE ABOUT SUD?

Contact us and let us know how we can help!

Janelle Jones, Substance Use Disorder Program Manager | JanelleJ@aachc.org

